AGENDA

Exercise is Medicine Europe
1st Congress

Estrel Convention Center, Berlin
October 4-6, 2012, Room 13

(Part 1)
October 4, 2012, 9-12 AM

Introduction
Jürgen Steinacker
Chair of Exercise is Medicine Europe, Ulm

Speech
Jacob Kornbeck
European Commission, Brussels

Greetings and Addresses
Siegmund Loland
President of the European College of Sport Sciences (ECSS), Oslo

Willem van Mechelen
Chairman of the European Network for the Promotion of Health-Enhancing Physical Activity (HEPA), Amsterdam

Barbara Ainsworth
President of the American College of Sports Medicine (ACSM), Phoenix, AZ

Scientific Lectures: Fields of Action in EIM Europe

Willem van Mechelen (Amsterdam)
Promotion of physical activity in the occupational setting

Ilkka Vuori (Tampere)
Physical activity promotion in the primary care setting

Mats Börjesson (Stockholm)
Promotion of physical activity in the hospital setting

Susi Kriemler (Basel)
Exercise in kindergarten and school

Martine Duclos (Clermont-Ferrand)
Physical activity in ageing

Conclusion
Jürgen Steinacker (Ulm)

(Part 2)
October 6, 2012, 3-4:30 PM

Population Based Approaches
In Health Promotion

Chairs: Susi Kriemler, Basel; Jürgen M. Steinacker, Ulm

Barbara Ainsworth (Phoenix, AZ, USA)
Physical activity and public health

Christine Graf (Cologne)
Physical activity in metabolic syndrome

Clemens Drenowatz (Ulm)
Physical activity promotion in childhood