

AGENDA

Exercise is Medicine Europe 1st Congress

Estrel Convention Center, Berlin
October 4-6, 2012, Room 13

(Part 1)

October 4, 2012, 9-12 AM

Introduction

Jürgen Steinacker

Chair of Exercise is Medicine Europe, Ulm

Speech

Jacob Kornbeck

European Commission, Brussels

Greetings and Addresses

Siegmund Loland

President of the European College of Sport Sciences
(ECSS), Oslo

Willem van Mechelen

Chairman of the European Network for the Promotion of
Health-Enhancing Physical Activity (HEPA), Amsterdam

Barbara Ainsworth

President of the American College of Sports Medicine
(ACSM), Phoenix, AZ

Scientific Lectures: Fields of Action in EIM Europe

Willem van Mechelen (Amsterdam)

Promotion of physical activity in the occupational setting

Ilkka Vuori (Tampere)

Physical activity promotion in the primary care setting

Mats Börjesson (Stockholm)

Promotion of physical activity in the hospital setting

Susi Kriemler (Basel)

Exercise in kindergarten and school

Martine Duclos (Clermont-Ferrand)

Physical activity in ageing

Conclusion

Jürgen Steinacker (Ulm)

(Part 2)

October 6, 2012, 3-4:30 PM

Population Based Approaches

In Health Promotion

Chairs: Susi Kriemler, Basel; Jürgen M. Steinacker, Ulm

Barbara Ainsworth (Phoenix, AZ, USA)

Physical activity and public health

Christine Graf (Cologne)

Physical activity in metabolic syndrome

Clemens Drenowatz (Ulm)

Physical activity promotion in childhood

